

Catering



To place a catering order, please call 212 772-0022  
[www.elizabar.com](http://www.elizabar.com)



When I opened **E.A.T.** in 1973, it was described as the original modern deli. The New York Times loved that our "...use of white tile and butcher block started a trend for such food establishments. The mix of the two materials seemed at once sleek and homey, and as such it managed simultaneously to symbolize domesticity and dazzling chic."

The ideas I began to formulate over 50 years ago have become hallmarks of all of my shops and restaurants.

Today, having just completed what I hope you will find to be an architecturally pleasing renovation, **E.A.T.** remains a quintessential New York eatery and a showcase for my original ideas, where customers know they'll be well-fed.

Our catering—to offices, airplanes, on-the-go and always home for the holidays—has stood the test of time. Our platters are classics, made to order and designed, as much as possible, to be unwrapped and ready to serve. You know me for my smoked salmon triangles; the iconic "Tower of Bagel"; small batch salads, carefully made several times a day; grilled salmon and chicken; and elegantly simple baked goods. Whether you are headed to JFK or flying privately, we know how to handle in-flight meals. Picnics are a specialty, whether in Central Park or further afield. Please call us to discuss the menus and meals you'd like to order from **E.A.T.**

—Eli Zabar



**E.A.T. Bread Basket**

An assortment of Eli's sourdough ficelle, seven-grain rolls and bagels served with butter, jam and cream cheese  
20.00 /person

**Pastry Basket**

An assortment of mini croissants, muffins, danish, sticky buns and scones, served with butter and jam  
25.00 /person  
The above baskets served with orange juice: 7.50 /person  
served with coffee: 4.50 /person

**Sliced Fruit Platters**

A selection of seasonal fruit  
13" Platter / 100.00  
Serves 8-12  
16" Platter / 160.00  
Serves 15-24

**Housemade Granola**

With yogurt and fresh berries  
15.00 /person

**Quiche**

Ham & cheese, spinach & mushroom, tomato & goat cheese, asparagus, broccoli  
65.00 each  
Serves 6-8

**Salmon Set-Up**

Smoked salmon, bagels, cream cheese, capers, olives and lemons  
35.00 /person  
With sliced tomatoes and onions  
38.00 /person

**Tower of Bagel**

Eli's famously thin version of the traditional lox and bagel sandwich  
28.00 each

**Smoked Fish Platter**

Smoked salmon, sturgeon and whitefish salad, served with bagels and two cream cheeses 40.00 /person  
With sliced tomatoes and onions  
45.00 /person





**Smoked salmon triangles**  
48.00 /dozen

**Smoked whitefish triangles**  
48.00 /dozen

**Bite-Size Sandwiches on Eli's Ficelle**  
Eggplant, cheese, ham, salami, tomato, mozzarella, or cucumber and chevre  
42.00 /dozen

**E.A.T. Tea Sandwiches**  
Bite-size cucumber and watercress, chicken salad, egg salad or smoked salmon sandwiches  
48.00 /dozen

**Chopped liver or pâté on raisin nut bread**  
48.00 /dozen

**Filet of beef on mini brioche rolls**  
48.00 /dozen

**Baked ham and cheddar on mini biscuits**  
48.00 /dozen

**Mini tomato pizza or ratatouille pizza**  
48.00 /dozen

**Prosciutto-wrapped asparagus, melon or figs (in season)**  
48.00 /dozen

**Grilled artichokes**  
48.00 /dozen

**Stuffed mushrooms**  
40.00 /dozen

**Chicken satay with peanut sauce**  
40.00 /dozen

**Grilled baby lamb chops**  
60.00 /dozen

**Mini potato pancakes with applesauce**  
40.00 /dozen

**Mini crab cakes**  
54.00 /dozen

**Grilled shrimp**  
48.00 /dozen

**Shrimp cocktail**  
48.00 /dozen

**Crudités Basket**  
Vegetable crudité with dip  
Small Basket / 90.00  
Serves up to 15  
Large Basket / 175.00  
Serves up to 30

**Cheese Platter**  
A selection of French and Italian cheeses with a basket of Eli's Crisps and thins  
13" Platter / 125.00  
Serves 8-12  
16" Platter / 195.00  
Services 15-24

**Parmesan Toast Basket**  
A basket of Eli's famously addictive cheese toasts  
Small Basket / 100.00  
Serves 20-30  
Large Basket / 175.00  
Serves 50 and up

**Crisps & Thins Basket**  
A basket of Eli's assorted crisps and thins  
Small Basket / 50.00  
Serves 20-30  
Large Basket / 95.00  
Serves 50 and up

**Fruit and Cheese Platter**  
With a basket of Eli's crisps and thins  
13" Platter / 145.00  
Serves 8-12  
16" Platter / 225.00  
Serves 15-24

**Caviar Set-Up**  
12 potato skins, blini or toast points with sour cream, chopped egg and onion  
45.00

**Meat**

- Filet Mignon
- Roast Shell of Beef
- Eli's Pot Roast
- Meatloaf
- Stuffed Cabbage
- Glazed Baked Ham

**Poultry**

- Roasted Chicken with Potatoes and Carrots
- Grilled Free-Range Chicken
- Chicken in White Wine
- Stuffed Chicken Breast with Spinach and Ricotta
- Boneless Lemon Thyme Chicken Breast
- Chicken Paillard
- Chicken Pot Pie
- Roasted Stuffed Turkey

**Seafood**

- Grilled Stuffed Salmon
- Salmon Paillard
- Salmon Cakes
- Crab Cakes
- Soft Shell Crabs (seasonal)
- Salmon or Swordfish Niçoise

**Pasta & Potatoes**

- Macaroni and Cheese
- Potato Dauphinoise
- Potato Pancakes
- Mashed Potatoes
- Roasted Potatoes and Carrots
- Herb-Roasted Sweet Potatoes
- Eggplant Parmesan
- Meat Lasagna
- Broccoli Rabe Lasagna

**Vegetables & Sides**

- Grilled Vegetables
- Roasted Winter Vegetables
- Steamed Vegetable Medley
- Creamed Spinach
- Sautéed Spinach
- Sautéed Broccoli Rabe and Garlic
- Braised Brussels Sprouts
- Caramelized Golden Onions
- Cranberry Sauce
- Applesauce





**Eli's Overstuffed Sandwiches**

Choose from a wonderful selection of New York's best sandwiches, all made on Eli's Bread: Sourdough, Rye, Brioche, Pumpernickel and Seven-grain

- Egg Salad
- Chicken Salad
- Chopped Liver
- Meatloaf
- Ham and Cheese
- Roast Beef
- Whitefish Salad
- Smoked Salmon
- Turkey Club

20.00–35.00 /person

- Cheese, ham or salami on sourdough ficelle
- Ham or salami country sandwich
- Ciabatta pockets stuffed with lentils, tabouleh and feta, grilled chicken or eggplant salad
- Grilled vegetables on ciabatta
- Turkey and coleslaw on brioche roll
- Tomato mozzarella or cucumber and chevre on sourdough ficelle
- Goat cheese and roasted pepper on focaccia

**Our Salad Choices**

To accompany sandwiches or as a cold buffet

15.00–30.00 /person

As an entrée 20.00–45.00 /person

- Chicken Salad
- Egg Salad
- Salmon Salad
- Whitefish Salad
- Calamari Salad
- Seafood Salad
- Shrimp and Dill
- Asparagus
- Avocado and Endive
- Balsamic Eggplant Slices
- Broccoli and Garlic
- Caponata
- Chopped Vegetable
- Coleslaw
- Cucumber and Dill
- French Potato
- Fruit Salad
- Greek
- Roman-Style Artichokes
- Grilled Vegetables
- Haricots Verts
- Lentil
- Pasta, Tomato and Basil
- Potato, Fennel and
- Roasted Beets
- Sicilian Bread
- Tabouleh
- Tomato and Mozzarella
- Tomato and Roast Prosciutto

**Chocolate Platter**

Brownies, biscotti grahams and truffles, all chocolate, of course  
20.00 /person

**Pound Cake Slices**

Our buttery loaf cakes arranged on a platter  
16.00 /person

**Seasonal Fruit Pies**

Apple  
Cherry  
Blueberry  
Peach  
Pumpkin  
45.00–65.00 /9" Pie

**Sweets Platter**

An assortment of E. A. T. cookies and brownies  
10.00 /person  
13" Platter / 100.00  
Serves 8-12  
16" Platter / 175.00  
Serves 16–24

**Deluxe Sweets Platter**

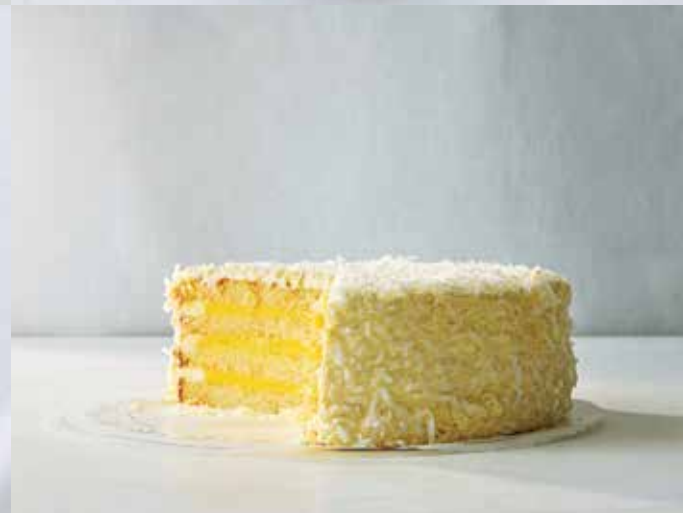
An assortment of cookies, brownies, cupcakes, fruit boats and chocolate-dipped strawberries  
15.00 /person

**Coffee Cake Platters**

Assorted babka and coffee cake slices  
13" Platter /100.00  
Serves 8–12  
16" Platter /175.00  
Serves 16–24

**Our Housemade Baked Goods:**

Chocolate Cake  
Chocolate Marble Tart  
Chocolate Truffle Cake  
Cheesecake  
Carrot Cake  
Coconut Cake  
Raspberry Tart  
Lemon Tart  
Apple Tarte Tatin  
Pecan Pie  
Bread Pudding  
Lemon Meringue Cake





**E.A.T.** has always been known for the custom gift baskets created in the store and shipped all over the country.

Gifts of good food are always a delight to receive and these French oyster crates filled with E.A.T. classics and festooned with ribbons do not disappoint.

Packed to order with smoked salmon, Eli's health loaf, raspberry jam, Colombian coffee, housemade chocolate, whitefish salad, caviar and New York bagels, babkas and roasted nuts and wine. Let us know what you want to include and we'll make sure it gets where it's going in pristine condition as quickly as possible.

To order a gift basket call us at 212 772-2011





**E.A.T.**

### **TO OUR CUSTOMERS:**

E.A.T., Eli's original shop, is still a showcase for his best ideas: platters of overstuffed sandwiches on very thin, very good bread; a range of salads worth making a meal of; tender, flaky breakfast pastries; and simple elegant desserts. This attention to detail, this careful thinking about how to refine an idea, remains Eli's signature today.

**SINCE 1973**