

To-Go

Prepared foods for take out and delivery



Soup

Chicken Vegetable	15.00 /pint
Matzoh Ball	16.00 /pint
Mushroom Barley	15.00 /pint
Carrot	15.00 /pint
Borscht	15.00 /pint
Mediterranean Vegetable	15.00 /pint

Salads

Fruit Salad	24.00 /pint
Asparagus Remoulade	24.00 /pint
Avocado & Endive	24.00 /pint
Roasted Beets	24.00 /pint
Balsamic Eggplant Slices	5.00 /slice
Broccoli & Garlic	24.00 /pint
Caponata	26.00 /pint
Chicken Tarragon	30.00 /pound
Coleslaw	24.00 /pint
Cucumber & Dill	24.00 /pint
Egg Salad	24.00 /pint
French Potato	24.00 /pint
Greek Salad	24.00 /pint
Grilled Vegetables	24.00 /pint
Haricots Verts	24.00 /pint
Lentil Vinaigrette	24.00 /pint
Mexican Chopped Salad	24.00 /pint
Pasta, Tomato & Basil	24.00 /pint
Potato, Fennel & Haricots Verts	24.00 /pint
Roman-Style Artichokes	24.00 /pint
Sicilian Bread Salad	24.00 /pint
Tabouleh	24.00 /pint
Tomato & Mozzarella	24.00 /pint
Tomatoes & Roasted Prosciutto	24.00 /pint

Sandwiches

All of our sandwiches are made on Eli's Bread

Cheese, Ham or Salami

on Ficelle	16.00 /each
Country Sandwich	18.00 /each
Grilled Vegetable Sandwich	18.00 /each
Tabouleh or Lentil on Ciabatta	18.00 /each
Turkey & Coleslaw on Brioche	18.00 /each
Tomato & Mozzarella on Ficelle	20.00 /each
Cucumber & Chèvre on Ficelle	18.00 /each
Focaccia Sandwich	18.00 /each
Egg Salad	24.00 /each
Chopped Liver on Raisin Nut	24.00 /each
Meatloaf	16.00 /each
Ham & Cheese	30.00 /each
Chicken Tarragon	30.00 /each
Smoked Whitefish Salad	32.00 /each
Brisket	28.00 /each
Smoked Salmon	34.00 /each
Turkey Club	28.00 /each
Tower of Bagel	32.00 /each
Peanut Butter & Jelly	10.00 /each

M.E.A.T.S

Salami	20.00 /half pound
Baked Ham	20.00 /half pound
Prosciutto	38.00 /half pound
Meatloaf	40.00 /pound
Chopped Liver	32.00 /pint
Brisket	29.00 /portion
Roast Beef	50.00 /pound

To place an order, please call 212 772-0022

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Tax is not included.

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Poultry

Chicken Parmesan.....	30.00 /pound
Chicken Tarragon.....	30.00 /pint
Grilled Chicken.....	30.00 /pound
Roast Chicken.....	32.00 /each
with Carrots & Potatoes	
Roast Turkey Breast.....	50.00 /pound
Chicken Pot Pie.....	29.00 /each

Seafood

Crab Cakes (seasonal).....	24.00 /each
Salmon Cakes.....	18.00 /each
Grilled Salmon.....	55.00 /pound
Asian Salmon.....	55.00 /pound
Salmon	
with Lemon & Thyme.....	50.00 /pound
with Lemon & Dill.....	50.00 /pound
Poached Salmon Salad.....	48.00 /pint
Smoked Whitefish Salad.....	60.00 /pint
Calamari Salad.....	55.00 /pint
Seafood Salad.....	55.00 /pint
Shrimp & Dill.....	55.00 /pint
Smoked Salmon.....	75.00 /pound
Sturgeon.....	75.00 /pound
Whitefish.....	50.00 /pound
Caviar.....	150.00 /ounce

E.A.T.S

Chicken Pot Pie.....	29.00 /each
Shepard's Pie.....	29.00 /each
Potato Dauphinoise.....	18.00 /each
Macaroni & Cheese.....	18.00 /each
Carrots & Potatoes.....	18.00 /pint
Chicken Parmigiana.....	30.00 /pound
Lasagna.....	24.00 /portion
Cheese Blintzes.....	24.00/3 pieces
Stuffed Cabbage.....	8.00 /each
Ratatouille Pizza.....	16.00 /each
Quiche.....	12.00 / 65.00 /each



Boxed Salads

Chef Salad.....	20.00 /each
Classic Caesar.....	16.00 /each
Greek Salad.....	18.00 /each
Grilled Chicken Nicoise.....	22.00 /each
Grilled Salmon Nicoise.....	24.00 /each
Grilled Salmon w/ Asian Slaw..	24.00 /each

Pastry

Croissant/Pain au Chocolat.....	5.00 /each
Ham & Cheese Croissant.....	7.50 /each
Scones & Muffins.....	5.00 /each
Sticky Buns.....	6.00 /each
Rugelach.....	5.00 /each
Apple Turnover.....	7.50 /each
Danish.....	5.00 /each
Russian Coffee Cake.....	16.00 /pound
Brownies & Bars.....	6.00 /each
Shortbread Hearts.....	6.00 /each
Cupcakes w/Buttercream.....	8.00 /each
Chocolate Cupcakes.....	4.00 /each
Chocolate Cake.....	30.00 / 60.00 /each
Carrot Cake.....	35.00 / 65.00 /each
Coconut Cake.....	35.00 / 65.00 /each
Cheesecake.....	35.00 / 65.00 /each
Raspberry Tart.....	35.00 / 65.00 /each
Tart Tatin.....	35.00 / 65.00 /each
Chocolate Babka.....	24.00 /each
Pound Cakes & Loaf Cakes... ..	16.00 /pound
Butter Cookies.....	40.00 /pound
Decorated Cookies.....	10.00 /each
French Macarons.....	8.00 /each
Meringues.....	7.50 /each

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At fifty, E.A.T. remains Eli Zabar's quintessential New York eatery. This grab-and-go neighborhood café still serves as a showcase for his original experiments, attention to detail and careful thinking about how to refine a recipe. The ideas generated here at E.A.T. have become hallmarks of all of Eli's New York shops and restaurants.